



## **Synopsis**

Step into success with 'Strategic Elegance 2024,' a transformative course focused on refining corporate image through professional grooming. Dive into the essentials of sophisticated attire, grooming routines, and the impact of a polished appearance in professional settings. Led by industry experts, this program offers practical insights into skincare, makeup, and tailored grooming practices, empowering participants to exude confidence and make lasting impressions. Join us to unlock the power of strategic elegance in advancing your career.



# Course Objective

This course aims to empower participants to project confidence, enhance their professional presence, and make lasting impressions in their careers.



Ladies from various background





### **Course Modules**

### Module 1

#### INTRODUCTION

- Welcome and Rationale for the Grooming Class
- The Significance of Professional Image in the working environment

#### Module 2

### DEFINING PERSONAL GROOMING

- Defining
   Professional
   Grooming for women
   Balancing Personal
- Balancing Personal Style with Professionalism in an working Environment
- Reflecting grooming values through appearance
- Knowing the type of personalities from the chosen dress code

### Module 3

### DRESS CODE ETIQUETTE

- Understanding and Adhering to professional Dress Code Policies
- Dress code align with professionalism
- Appropriate Attire for Meetings, Events & Daily working

### Module 4

### PERSONAL BODY TYPE AND ATTIRE

- Understanding Body Shape and Appropriate Attire
- Refining Dress Choices for Different Body Types
- Enhancing Presence and Confidence through Attire

### Module 5

### FACTORS IN CLOTHING SELECTION

- The art of the colour selection
- Tips for choosing suitable fabric
- Balancing the patterns in clothing selection

#### Module 6

### CHOOSING THE RIGHT ACCESSORIES

 Defining and Selecting the right accessories

### Module 7

### PERSONAL IMAGE MANAGEMENT

- Identifying Suitable Colours and Tones for Skin
- Analysing Personal Undertones for Best Colour Matches
- Unlocking the Secrets of Personal Colour Selection

### Module 8

#### STYLISH TIPS LIKE A PRO & SKINCARE ROUTINE

- Creating a Positive and Approachable Image
- Define the type of skin condition
- Skincare steps for beginners

### Module 9

#### MAKE-UP BASICS

 Demonstration of Makeup Application Techniques



# **Learning Outcome**

- Understand the significance of personal grooming in the workplace
- Able to select appropriate attire based on body types and occasions
- Able to make informed choices in clothing selection and accessories
- Know your personal colour
- Maintain skin care routines and basic make up application techniques



### **GET IN TOUCH**



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